



## Patient Details

Title  First Name  Surname

Male  Female  Date of Birth

Address

Postcode

## Contact Details

Mobile Number

Home Number

Email Address

## Clinic Preference

LycaHealth Orpington  LycaHealth Canary Wharf

## Speciality

Chiropractor  Osteopathy  Massage  Physiotherapy

Other

## Clinical Details

(including Radiology results and medical history)

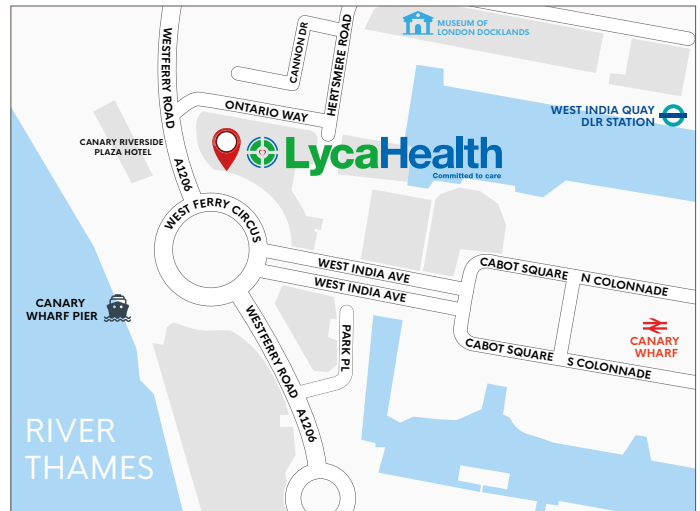
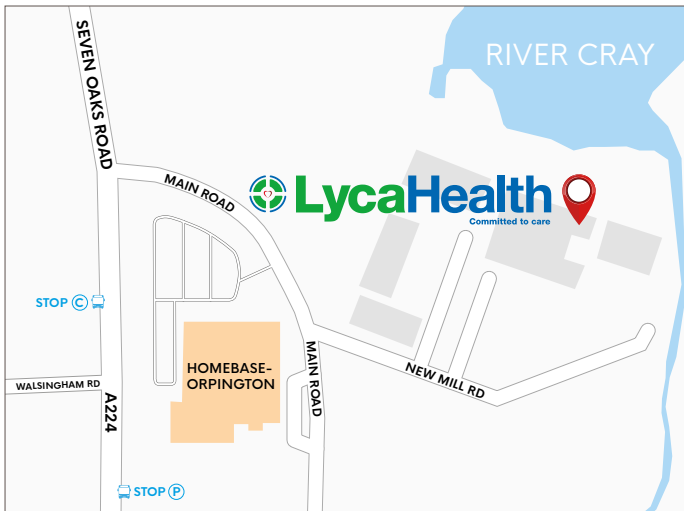
## Referrer's Details

Referrer's Signature

Print Name

Date

**Submit Form**



### LycaHealth Physiotherapy Orpington

Enso House,  
3 New Mill Road,  
Orpington,  
BR5 3TW

Phone Number: **01689 490 111**

Fax: **01689 823020**

### Directions

#### Public Transport: Nearest Bus Stop & Train Station

**Bus Route 51** – Walsingham Road Stop C (towards Sidcup) or Stop P (towards Orpington) Midfield Way Stop N (towards Orpington).

**St Mary's Cray Rail** – Exit station onto Station Approach road. Walk to the end and turn left onto Sevenoaks Way. Continue walking until you can turn right onto Main Road. Continue until you come to New Mill Road and take a left onto Crayfield Business Park.

### Motorway

**A20** – From Greenwich follow the A20 through Lewisham Way onto the Sidcup Bypass. Continue until you reach the second roundabout and exit onto Sevenoaks Way (A224). Once on Sevenoaks Way take a left onto Main Road, then left onto New Mill Road and enter the second Car Park on the left.

**M25** – Follow the M25 in the direction of Swanley. From the M25 exit onto the A20. Once on the A20 take the first exit towards Sevenoaks Ways A224. Once on Sevenoaks way take a left onto Main Road, then left onto New Mill Road and enter the second Car Park on the left.

**Sevenoaks Way** - from Orpington head along Sevenoaks Way towards the A20 junction. Turn right onto Main Road by Homebase and then first left into New Mill Road and enter the second Car Park on the left.

### LycaHealth Physiotherapy Canary Wharf

1 Westferry Circus,  
Canary Wharf,  
London,  
E14 4HD

Phone Number: **0207 132 1440**

Fax: **020 7718 8615**

### Directions

Due to the clinic being very new, the postcode on some satellite navigation systems can be slightly misleading. The clinic however is located across the road from the Canary Riverside hotel, Canary Wharf, E14 8RS.

The following directions may also help you:

### DLR

Westferry (3 minute walk).  
Canary Wharf (5 minute walk).  
West India Quay (7 minute walk).

### Tube

Canary Wharf: Jubilee line (8 minute walk).  
Bank: DLR/Central/Northern/Waterloo and City/Circle and District line.

### Walking from either DLR and Tube

As you come out the station, head onto South Colonnade Road. Walk down the road passing through Cabot Square (where the water fountains are). Continue walking straight which will take you onto West India Avenue. Continue to the end of West India Avenue, which leads onto Westferry Circus (where the roundabout is). Take a right and continue walking (towards the direction of Westferry Road) and Lycahealth is at the end/on the corner.